

G59: Is there a Role for Antimicrobial Peptides as a Treatment Modality on Patients with Orthopedic Infections?

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Response/Recommendation:

Antimicrobial peptides (AMPs) offer a promising adjunct or alternative therapy for treating orthopedic infections, particularly in cases of infection with antibiotic resistance or failure after conventional therapy. Early-phase human trials suggest favorable safety, but further clinical research is needed to confirm their optimal use.

Level of Evidence: Moderate

Delegate Vote: Agree: X%, Disagree: X%, Abstain: X% (XX)

Rationale

Implant-associated infections remain a major complication in orthopedic surgery, leading to implant failure, prolonged hospital stay, and increased healthcare costs[1]. The causative agents often form biofilms on implant surfaces, rendering infections highly resistant to antibiotics and increasing the prevalence of multidrug-resistant pathogens[2]. Antimicrobial peptides (AMPs) offer a promising treatment alternative due to their ability to disrupt bacterial membranes, inhibit biofilm formation, and function when immobilized on implant materials[3]. Although the efficacy of AMPs in treating infection in other areas of medicine has been established[4], the role of AMPs in treating orthopedic infections is relatively new and being explored currently.

To answer the posed question above, we conducted a comprehensive systematic review of PubMed, Embase, and Cochrane Library from inception to August 2024 to identify studies examining the role of AMPs in treating orthopedic related infections. Inclusion criteria were all studies, including *in vitro*, *in vivo*, and clinical studies, examining the potential role of AMPs in treating orthopedic related infections. Exclusion criteria were studies investigating AMPs as a diagnostic modality, *in vitro* studies not examining AMPs utilization on implant materials (titanium, magnesium), and review articles. A total of 632 studies were screened for eligibility. Of which, the full texts of 46 studies were reviewed, leaving 32 studies for final inclusion. Two independent authors reviewed the abstracts and full-texts, and disagreements were resolved by a third independent author.

Studies Examining AMPs in Vitro

Various AMP coatings for implants materials, mostly titanium, have demonstrated significant bacterial load reduction, biofilm inhibition, and high biocompatibility. AMP-loaded surfaces achieved >95% bacterial inhibition, with some eliminating colonies entirely[5–10]. Studies show that AMPs exhibit a significant bactericidal effect, reducing *S. aureus* and *P. aeruginosa* by up to 10⁶-fold in 30 minutes and decreasing bacterial adhesion by 45-fold compared to titanium surfaces without AMPs[11–16]. Furthermore, AMPs have been shown to completely inhibit the growth of common pathogens such as *S. aureus*, *S. epidermidis*, and *E. coli*[17–19]. These effects likely stem from their ability to disrupt bacterial membranes and heighten the immune response by increasing cytokine release[20,21]. Several studies have shown that AMPs may have a dose-dependent effect against biofilms, demonstrating up to 90% biofilm reduction against *S. epidermidis*, *E. coli*, and *P. aeruginosa*, when coating titanium surfaces with AMPs[22–25].

Additionally, AMPs may outperform conventional antibiotics. Kang et al[26], observed >4-log reduction in *S. aureus* with AMPs compared to <1-log reduction using conventional antibiotics (gentamicin, vancomycin, rifampin). Against clinically isolated bacteria and multi-resistant bacteria, such as *Methicillin Resistant Staphylococcus aureus* (MRSA), AMPs can still be effective, achieving >90% bacterial inhibition and biofilm reduction[27–30]. In a study of 17 explanted total knee arthroplasty (TKA) prostheses from patients with chronic PJI, using PLG0206 at 1 mg/mL for 15 minutes demonstrated a 10⁴ reduction in bacterial colonies. Moreover, 59% of explants became culture negative following treatment[31].

Studies Examining AMPs in Vivo

In vivo studies have demonstrated the potent antibacterial, biofilm-inhibiting, and osseointegration effects of AMPs in treating orthopedic infections. Raeder et al[32] studied 36 Wistar rats with *S. epidermidis* bone graft infections and found that APIM-peptide combined with gentamicin eliminated bacteria in 77% of cases, compared to 38% in single-treatment groups, and led to 30% more bacterial eradication than gentamicin alone. Chen et al[33] tested 55 New Zealand rabbits with *S. aureus* infected implants, showing >99% bacterial killing at 7 days with Fusion Peptide (HHC36 + QK)-coated titanium (Ti-125FP), in addition to minimal bacterial adhesion, biofilm formation, and 1.6 times higher osseointegration than uncoated titanium at 60 days. Mandell et al[34] used WLBUE2 irrigation in 6 mice PJI models and found significant biofilm reduction, with the highest efficacy at alkaline to physiological pH. Yan et al[35] studied 67 rabbits with femoral fractures infected with *S. aureus* and found that LL-37 significantly reduced bacterial counts at 2 and 7 days, while also lowering inflammatory markers by day 7 in comparison to cefalexin or saline.

Human-Based Studies

A series of clinical studies have been conducted on PLG0206/zaloganin, a novel AMP with independent biofilm activity[36]. A Phase 1 single ascending dose study evaluated the safety, tolerability and pharmacokinetics of PLG0206 when administered intravenously (IV) in 35 healthy volunteers, compared to 12 patients who received an IV placebo[37]. No serious adverse events occurred, and treatment-emergent adverse events were infrequent, with most events being mild in severity[37]. A Phase 1b open-label clinical trial is currently underway to assess PLG0206 in conjunction with traditional debridement, antibiotics, and implant retention (DAIR) procedures for PJI treatment of the knee[38]. Preliminary data suggest that PLG0206 continues to be well tolerated and indicates a lower PJI failure rate as compared to reported literature rates[39,40], supporting continued development of PLG0206 for PJI treatment.

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